

Psalm 125 (The Voice)

A song for those journeying *to worship*.

¹All who have faith in the Eternal stand as Mount Zion:
unmoved, enduring, eternal.

²Just as the mountains around Jerusalem *embrace her*,
the Eternal, too, wraps around those who belong to Him—
for this moment and for every moment to come.

³For wickedness will not *get the upper hand*,
it shall not rule the land where righteous people live
Lest good people go bad
and do what is wrong.

⁴Be good, Eternal One, to those who are good,
to those who are filled with integrity.

⁵The Eternal will send all the wicked away
along with those who *pervert what's good and* twist it in their own crooked
way.
May peace be with Israel.

For Reflection and Prayer:

Was there a word, phrase or image which caught your attention you as you listened to or slowly read the text? Quietly savor this with Jesus.

Notice any felt sense that seems to emerge as you linger with this passage. It might come as a bodily feeling, emotion, metaphor, picture, gesture or sound. See if you can describe it and simply be with it with patient curiosity. Be open to whatever more might emerge.

Perhaps you might want to draw, color or journal your conversation.

As the time of prayer comes to a close, share some quiet moments with Jesus, simply resting safely in his presence.

Psalm 125 (Amplified Bible)

A Song of Ascents.

Those who trust in and rely on the Lord [with confident expectation]
Are like Mount Zion, which cannot be moved but remains forever.

2

As the mountains surround Jerusalem,
So the Lord surrounds His people
From this time forth and forever.

3

For the scepter of wickedness shall not rest on the land of the righteous,
So that the righteous will not reach out their hands to do wrong.

4

Do good, O Lord, to those who are good
And to those who are upright in their hearts.

5

But as for those who turn aside to their crooked ways [in unresponsiveness to
God],
The Lord will lead them away with those who do evil.
Peace be upon Israel.